NIH GAIT RESEARCH WORKSHOP

SPONSORED BY
APPLIED PHYSIOLOGY AND
ORTHOPEDICS STUDY SECTION
DIVISION OF RESEARCH GRANTS

U.S. DEPARTMENT OF HEALTH, EDUCATION AND WELFARE Public Hoolth Service Metionel Institutes of Health

GAIT RESEARCH WORKSHOP

Children's Hospital Health Center

San Diego, California

March 9, 1977

Chairman: Dr. John V. Basmajian

Sponsored by

APPLIED PHYSIOLOGY AND ORTHOPEDICS STUDY SECTION

Division of Research Grants

NATIONAL INSTITUTES OF HEALTH

BETHESDA, MARYLAND

DHEW Publication No. (NIH) 78-119

_ 2 -

PURPOSE OF WORKSHOP

The aim of this Workshop was to examine the current status of gait-locomotion research in man and other vertebrates. NIH applications in this area are reviewed by the Applied Physiology and Orthopedics Study Section and members have viewed the continuing proliferation of Gait Laboratories with some concern. Are all these expensive installations really necessary? Are they being used primarily as pre- and post-surgery diagnostic tools? How much sound and necessary research is being performed in these installations? What research problems have been solved with this tool? What remains to be solved? The range of concerns of the Workshop, therefore, extended from the theoretical concepts underlying the recording and analysis of gait patterns, to the potential application of these techniques to basic and clinical research and to direct applications in the clinical setting. It was hoped that the interaction of the panelists would produce a clear picture of the directions that the field is taking and would help to establish priorities regarding present and future needs. In addition to the members of the Applied Physiology and Orthopedics Study Section (NIH), ten authorities currently working in locomotion research were invited to participate. Papers were presented by six of these invited participants and these form the basis of this Proceedings. Condensed discussion is included to illustrate the trends of the interaction and the conclusions that the Workshop participants reached.

AGENDA

MORNING PROGRAM

1. Dr. David Chadwick Welcome on behalf of Children's Hospital

2. Dr. Morris Milner An Overview of the Current Status of Existing

Gait Laboratories

3. Dr. Sheldon Simon Techniques in Gait Research and Management

of Data

4. Dr. David H. Sutherland The Value of Normative Data in Gait Analysis

5. Discussion

AFTERNOON PROGRAM

6. Dr. Jacquelin Perry Clinical Use of Gait Analysis

7. Dr. M. Patricia Murray Normative Data Collection in Adults and

Evaluation of Hip & Knee Prosthetic Replacements

8. Dr. Edmund Y.S. Chao Justification of Goniometric Method as a Means

to Evaluate Joint Replacement Patients.

9. Discussion and Summary

INVITED PARTICIPANTS AND SPEAKERS

Dr. Albert H. Burstein, Ph.D. Senior Scientist The Hospital for Special Surgery Department of Orthopedic Surgery 535 East 70th Street New York, New York 10021

Dr. Edmund Y. S. Chao, Ph.D. Director
Orthopedic Biomechanical Laboratory
Mayo Clinic and Mayo Foundation
200 First Street, Southwest
Rochester, Minnesota 55901

Dr. James C. Houk, Ph.D.
Associate Professor
Department of Physiology
Johns Hopkins University
School of Medicine
Baltimore, Maryland 21205

Dr. Thomas A. McMahon, Ph.D.
Associate Professor of
Applied Mechanics
Pierce Hall, 325
29 Oxford Street
Harvard University
Cambridge, Massachusetts 02138

Dr. Morris Milner, Ph.D. Director Biomedical Engineering Chedoke Hospital - 590 Hamilton, Ontario CANADA Dr. M. Pat Murray, Ph.D. Associate Professor Marquette University School of Medicine 615 North 11th Street Milwaukee, Wisconsin 53233

Dr. Jacquelin Perry, M.D. Director
Pathokinesiology Laboratory
Rancho Los Amigos Hospital
7413 Golondrinas Street
Downey, California 90242

Dr. Sheldon R. Simon, M.D. Director
Gait Analysis Laboratory
Department of Orthopedic Surgery
Children's Hospital Medical Center
300 Longwood Avenue
Boston, Massachusetts 02115

Dr. Richard B. Stein, Ph.D. Professor of Physiology Department of Physiology University of Alberta Edmonton, AB, CANADA

Dr. David Sutherland, M.D.
Director
Gait Analysis Laboratory
Children's Hospital and Health Center
8001 Frost Street
San Diego, California 92123

STUDY SECTION MEMBERS

- . Kingsbury G. Heiple, M.D. (CHM.) ofessor partment of Orthopedic Surgery se Western Reserve School of Medicine eveland, Ohio 44106
- .. Wayne H. Akeson, M.D.
 ead
 ivision of Orthopedics
 epartment of Surgery
 niversity Hospital of San Diego
 an Diego, California 92103
- r. John V. Basmajian, M.D.**
 irector
 egional Research and Training Center
 enter for Rehabilitation Medicine
 mory University School of Medicine
 tlanta, Georgia 30322
- r. C. Gunnar Blomqvist, M.D., Ph.D. rofessor of Medicine and Physiology artment of Internal Medicine versity of Texas
 323 Harry Hines Boulevard
 allas, Texas 75235
-)r. Elsworth Buskirk, Ph.D.
 ?rofessor
 Laboratory for Human Performance
 Research
 The Pennsylvania State University
 Jniversity Park, Pennsylvania 16802
- Dr. Dudley S. Childress, Ph.D. Director
 Prosthetics Research Laboratory
 Northwestern University
 345 E. Superior Street, Room 1441
 Chicago, Illinois 60611

- Dr. Edward A. Gaensler, M.D.
 Professor of Surgery
 Department of Surgery and Physiology
 Boston University School of Medicine
 80 E. Concord Street
 Boston, Massachusetts 02118
- Dr. Philip D. Gollnick, Ph.D. Professor
 Department of Physical Education Washington State University
 Pullman, Washington 99163
- Dr. Patrick J. Kelly, M.D.
 Professor of Orthopedic Surgery
 Department of Orthopedic Surgery
 Mayo Clinic
 200 First Street Southwest
 Rochester, Minnesota 55901
- Dr. Joseph Milic-Emili, M.D. Chairman and Professor Department of Physiology McGill University McIntyre Medical Sciences Building 3655 Drummond Street Montreal, Quebec, CANADA. H3C-3G1
- Dr. James Scheuer, M.D. Director Division of Cardiology Montefiore Hospital and Medical Center 111 East 210th Street Bronx, New York 10467
- *Dr. Leo C. Senay, Jr., Ph.D. Professor
 Department of Physiology
 School of Medicine
 St. Louis University
 St. Louis, Missouri 63104

*Absent

*Dr. Douglas G. Stuart, Ph.D. Professor of Physiology Department of Physiology University of Arizona Tucson, Arizona 85721

EXECUTIVE SECRETARY

Ileen E. Stewart, M.S. Division of Research Grants National Institutes of Health Bethesda, Maryland 20014

SPECIAL REVIEWERS

Dr. Albert H. Burstein, Ph.D. Senior Scientist Department of Orthopedic Surgery Hospital for Special Surgery 535 East 70th Street New York, New York 10021

Dr. James Charles Houk, Ph.D. Associate Professor
Department of Physiology
Johns Hopkins University
School of Medicine
Baltimore, Maryland 21205

Dr. David E. Leith, M.D. Professor of Physiology School of Public Health Harvard University Boston, Massachusetts 02115

Dr. Robert M. Rose, Ph.D.
Associate Professor
Department of Metallurgy
Room 4-132
Massachusetts Institute of Technology
Cambridge, Massachusetts 02139

*Absent

LIAISON REPRESENTATIVES

Lt. Col. Richard D. Sinclair (AIR FORCE)
Deputy Chief
Environmental Sciences Division
U.S.A.F. SAM-VN
Brooks Air Force Base, Texas 78235

Captain Barton K. Slemmons (NAVY) Chairman Department of Orthopedics National Naval Medical Center Bethesda, Maryland 20014

*Dr. Clarence W. R. Wade (ARMY)
U.S. Army Medical Bioengineering
Research & Development Laboratory
Fort Detrick
Frederick, Maryland 21701

**New Address (1978)
Dr. John B. Basmajian, M.D.
Director
Rehabilitation Programs
Chedoke Hospital
Hamilton, Ontario, CANADA. L8N-3L6.

OTHER ATTENDEES

Dr. David Chadwick, Medical Director, Children's Health Center 8001 Frost Street San Diego, California 92123

Dr. Savio Woo Associate Professor in Residence Division of Orthopedics and Rehabilitation University of California, San Diego San Diego, California 92103

Dr. Frank Golbranson Chief, Rehabilitation Medicine Service Veterans Administration Hospital 3353 La Jolla Shores Drive San Diego, California 92161

Mr. David Amiel Specialist Division of Orthopedics and Rehabilitation University of California, San Diego San Diego, California 92103

Mr. Lester Cooper Children's Health Center Gait Laboratory 8001 Frost Street San Diego, California 92123

Dr. Richard Olshen
Department of Mathematics
University of California, San Diego
San Diego, California 92161

ACKNOWLEDGMENTS

A Subcommittee of the Applied Physiology and Orthopedics Study Section made arrangements to hold this Workshop at San Diego in early 1977 and Dr. Wayne Akeson, University of California, San Diego, invited participants and served as Local Chairman. His careful consideration of details culminated in a most productive meeting and an opportunity for specialists in the gait field to exchange pertinent information. The Medical Director of Children's Hospital, Dr. David Chandler, and Dr. David Sutherland deserve thanks for the excellent meeting facilities that they provided at Children's Hospital. Dr. John Basmajian skillfully chaired the Workshop, elicating discussion on all major issues about which the Study Section had expressed concern. The six speakers spent a great deal of time preparing their excellent papers and re-editing them later for publication. Their research results and opinions form the framework of the Workshop. In particular perhaps, Dr. Morris Milner should receive commendation for conducting a questionnaire survey, in advance of the Workshop, to obtain up-to-date data regarding existing gait laboratories in the United State and abroad. This information is included in his Proceedings paper. Ms. Patricia Digges, DRG, NIH, is to be commended for her careful typing of the Workshop Proceedings.

Copies of the Proceedings may be obtained by writing to: Office of Grants Inquiries, Division of Research Grants, National Institutes of Health, Bethesda, Maryland 20014. Please quote the publication number that appears on the back cover.

March 1978

Ileen E. Stewart, Executive Secretary, Applied Physiology and Orthopedics Study Section Editor, Workshop Proceedings.